

Endmoor 10k

10 July 2019

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:35:12	343	Kenny	Joe	Helm Hill Runners		M
2	00:36:37	316	Wilson	Richard	Kendal AAC	V40	M
3	00:37:20	340	Everett	Ryan	Leven Valley AC		M
4	00:37:36	289	Josephs	Daniel	South Shields Harriers AC		M
5	00:38:14	315	Wilson	Matt	Kendal AAC	V40	M
6	00:38:45	326	Fletcher	Eddie	Keswick AC		M
7	00:39:05	295	Sillito	Seb	Helm Hill Runners		M
8	00:40:05	109	Jephcott	Daniel			M
9	00:40:09	345	Heaton	Jay	Hoad Hill Harriers		M
10	00:40:53	298	Staniforth	Alex	West Cheshire AC		M
11	00:41:21	321	Lee	Philip	Kendal AAC	V40	M
12	00:41:24	333	Gora	Simon	Garstang RC		M
13	00:41:27	317	Dover	Gary	Hoad Hill Harriers	V50	M
14	00:41:40	305	Gregory	Paul	Wesham RR	V40	M
15	00:41:50	334	Cousins	Katherine	Lancaster & Morecambe AC		F
16	00:41:56	311	German	Peter	Helm Hill Runners		M
17	00:42:03	336	Denny	Simon	Bentham Beagles RC		M
18	00:42:06	304	Rogerson	Mark	Bentham Beagles RC	V40	M
19	00:42:17	299	Stevens	Joe			M
20	00:42:22	293	Pauley	Mike	Bentham Beagles RC	V50	M
21	00:42:43	332	Gora	Lauren	Lancaster & Morecambe AC		F
22	00:43:05	285	Fish	William	Dallam RC		M
23	00:43:31	307	Smith	Tom			M
24	00:43:40	352	Robinson	Sean	Howgill Harriers	V40	M
25	00:43:54	346	Bell	Cameron			M
26	00:44:22	302	Stevenson	David	Scrabo Striders		M
27	00:44:32	329	Russell	Nickey	Kendal AAC	V40	F
28	00:44:47	325	Fletcher	Hailey	Sedburgh School RC		F
29	00:45:51	131	Barr	Alan	Howgill Harriers	V40	M
30	00:45:59	280	Barnes	Nigel	Garstang RC	V50	M
31	00:46:10	322	Brown	Chloe	Howgill Harriers		F
32	00:46:31	348	Roberts	Stephen	Kendal AAC	V40	M
33	00:46:54	111	Thomas	Simon		V40	M
34	00:47:07	330	Nichols	David	Dallam RC		M
35	00:47:09	312	Amdrewartha	John	Eden Runners	V40	M
36	00:47:43	313	Fairer	Alex	Black Combe Runners		F
37	00:48:00	324	Wells	Bob	Bedford Harriers	V70	M
38	00:48:09	107	Horrocks	Philip	Walney Wind Cheethahs	V50	M
39	00:48:24	294	Roper	David	Howgill Harriers	V60	M
40	00:48:26	113	Travis	Heather	Hoad Hill Harriers	V40	F
41	00:48:43	341	Lyon	Jenny	Dallam RC		F
42	00:49:00	350	McNally	Liz	Leven Valley AC	V40	F
43	00:49:09	290	Leigh	Adrian	Bentham Beagles RC	V60	M
44	00:49:22	349	Oshaughmessy	Mark	Dallam RC	V50	M
45	00:49:28	327	Maggio-Poyntz	Karen	Walney Wind Cheethahs	V40	F
46	00:49:43	310	Harrison	Michael	Howgill Harriers	V50	M
47	00:49:50	288	Hutchinson	Stephen	Bude Rats (Run & Tri)	V60	M
48	00:50:10	125	Cooke	James	Hoad Hill Harriers	V60	M
49	00:50:31	347	Crawford	Robert	Howgill Harriers	V40	M
50	00:50:35	128	Booth	Lauren	Hoad Hill Harriers		F
51	00:50:50	132	Brooks	Neil	Fylde Coast Runners	V40	M
52	00:50:59	337	Denny	Gayle	Bentham Beagles RC		F
53	00:50:59	126	Cooke	Allison	Hoad Hill Harriers	V50	F
54	00:51:28	339	Macdonald	Mark	Deeside AAC		M
55	00:51:48	309	Jones	Simon	Bentham Beagles RC		M
56	00:52:28	291	McKeown	Frank	Hoad Hill Harriers	V50	M
57	00:52:32	283	Evans	Edward	Bentham Beagles RC		M
58	00:52:36	279	Bamforth	John		V50	M
59	00:53:07	338	Clark	Hazel	Kendal AAC	V40	F
60	00:53:10	292	Mcmullen	Shaun		V50	M
61	00:53:15	303	Swales	Sarah	South Shields Harriers AC		F
62	00:53:20	103	Barton	Simon	Hoad Hill Harriers	V60	M

63	00:53:25	124	Percival-Smith	Paul	Kendal AAC	V60	M
64	00:53:30	323	Bland	Abby			F
65	00:53:31	353	Robinson	Zoe	Howgill Harriers		F
66	00:53:32	314	Heygate	Catherine	Hoad Hill Harriers		F
67	00:53:48	278	Ash	Rachel			F
68	00:54:03	104	Barton	Sally	Hoad Hill Harriers	V50	F
69	00:55:34	319	Graham	Julie	Garstang RC	V50	F
70	00:55:51	297	Simmill	Mark	Lancaster & Morecambe AC	V50	M
71	00:56:47	335	Fisher	Jim	Howgill Harriers	V60	M
72	00:57:41	318	Jones	Alan	Garstang RC	V60	M
73	00:57:52	320	Ion	Peter	Kendal AAC	V70	M
74	00:58:26	284	Evelin	Tom	Hoad Hill Harriers	V60	M
75	00:59:05	108	Chesters	Alan	Bentham Beagles RC	V60	M
76	00:59:13	328	Braithwaite	Claire			F
77	00:59:44	344	Stafford	Clare		V40	F
78	01:00:08	331	Bartlett	Peter	Wesham RR	V70	M
79	01:00:38	308	Halhead	Gillian		V40	F
80	01:00:59	300	Stevens	Claire		V40	F
81	01:01:04	301	Stevens	Joy			F
82	01:01:49	101	Riding	Jennie	Howgill Harriers		F
83	01:02:35	277	Riding	Bill	Northern Masters	V60	M
84	01:03:09	296	Simmill	Elaine	Lancaster & Morecambe AC	V50	F
85	01:04:45	306	Roberts	Maureen	Lancaster Runners	V60	F
86	01:05:52	351	Cooke	Rebekah		V40	F
87	01:06:21	130	Capstick	Naomi	Hoad Hill Harriers	V40	F
88	01:12:35	342	Atkinson	Emily	Red Rose Road Runners		F